## School Notes

Good teachers are in greater demand than ever in the history of public school work. The demand for efficient teachers is greater than the supply. Hence salaries are growing better all states and within the next decade there will be a complete revolution in many aspects of our public school system. Educators are attacking the situation from the proper standpoint and are making the education of our children of supreme importance to the parents. This can be accomplished only by securing the best accomplished only by securing the best ability obtainable for such sacred and important work. This work requires a master mind, trained and disciplin for a complete understanding of the mind's evolution.

Respect for the law and public property is the cornerstone of civil liberty and when a person under cover of night will deface public property education has not done its perfect If a school system fails in all else, it should teach the student body to respect public property and consider lawlessness in what ever form it may appear, a serious matter.

Begining with next week, the instructress in Physical culture wiil begin her night classes in gymnastics All who desire to take physical culture with the night class will have to see Miss Larson and make definite and "material" arrangements with her before they will be admitted into the class. Those who have not yet paid last year's dues will please attend to this matter, as money was advanced for apparatus and, as yet, has never been replaced. An entertainment will be given later for the benefit of this be given later for the benefit of department, all the apparatus in this department having been bought here tofore by the individual members.

Miss Stella K. Odney, a graduate of the University of North Dakota and for the past two years a teacher in the public schools at Northwood, N. has taken charge of the third grade. Miss Odney is well prepared to supervise our music and girl's basket ball team. Practice will begin soon

Miss Baker's fourth grade is now reciting in the High School class room. waiting patiently until the room in the basement has been finished. This room in the basement will be one of the very best in the building, being well heated, lighted and ventilated.

The teachers are very busy with the monthly reports to the County Supt. and making out the grade books for first month. In some counties, county Superintendent does not require these reports to be made out each month, simply depends upon the yearly report. Our teachers have enough to do without repeating this whim ost unnecessary What does it accomplish? The plomas have not accomplished that for which they were intended because they were not received at the beginning of the school year at which time the importance of attendance could have been emphasized. These "Diplomas of Honor" are dated July 1, 1905 but no munication has beef received to indicate whether they have been in transit since that time or were simply dated back for convenience.

The class in Physiography has just finished the chapter on Storms, having previously completed, The Earth as a Destribution of temperature ds. There are twenty members and winds. in this class.

The Cloero class is just winding up icero's famous oration on the "Marrilian Law" and will then take up the first oration against Catiline. The class will finish Cicero in January and will then read six books of Virgil by June.

The following had perfect spelling

ssons in the second grade:
William Hanley, Jamie Iseminger,
rances Lockwood, Annie Meader, lessons in the s Frances oris Tillotson.

Fourth Grade: Ethel Couron, Marion White, Helen Baker, Hiller Stark, Gladys Philips Ina Jefferson. d Grade:

Sibyl Wamberg, Lyle Bowen, Ralph Sloyl Wallberg, Byle Bowel, Rappe Klovstad, Earl Cassels, Grace Har-ness, Frank Meader, Lloyd Pepper, Floyd Johnson, Della Dorrance.

## CARE OF NOSE AND MOUTH.

Physician Gives

Prominent Woman Physician Gives
Advice to Mothers.

In the Delineator, Dr. Grace Peckham Murray has some remarks on the care of the nose and mouth that will be read to their profit by all mothers.
Of proper breathing she says: "If there are obstructions in either the mouth or the nose which prevent the free introduction of air, the blood is mopes ureasing she says: "If there are obstructions in either the mouth or the nose which prevent the free introduction of air, the blood is not aerated as it should be, and the whole bodily nutrition suffers in con-sequence. The trouble occasioned by such a condition is much sequence. The trouble occasioned by such a condition is much greater in a child than in an adult. If a child is not growing well, if he is pale and puny, the nose and mouth and throat should be examined to discover if should be examined to discover if there are any obstacles to free breath-ing. Between the nose and the throat, and generally out of sight, are spong-growths called 'adenoids'. They inter-fere more effectually with the free en-trance of air than anything else Fere more effectually with the free en-trance of air than anything else, and as they exist unseen they are often the unsuspected cause of a child's ill health. If the child breathes with the mouth open, and not through the nose, they are likely to be present. If there many of these growths they to catarrhal discharges fron , and they will also interfere ing. They sometimes occur many of rise nose, from rise to case...
nose, and they will also interest...
hearing. 'They sometimes occasion
the swelling of the glands of the neck
and cause inflammation which results
the open sores. Children aspected of
the should be taken in open fores. Children suspected of having these growths should be taken to a surgeon to be examined. The main thing to be borne in mind is that the only proper way for a child to breathe is through the nose."

Why Russian Soldiers Sing."
It has been pointed out to me by an enlightened critic that I must be mistaken in describing the lot of the Russian soldier as an unbappy one. "Russian regiments cluerys sing on the march." he explains, and therefore, of course, the men must be happy.

He is perfectly right about the sing. Russian soldiers are always sing.

are always Russian soldiers ing, they sing on the march, they sing ing; they sing on the march, they sing in the train, they sirg while they are eating their black bread and kapusta (sour cabbage), they sing in the kharchevna (public house). I have also seen a gang of over 409 prisoners in chains on their way to Siberia, and chains on their way to Siberia, and they, too, sang as they marched to the station and afterward in the train. I suppose, therefore. that they must have been quite happy and contented.

An American humorist has told us

An American humorist has told us that a certain amount of fleas is good for a dog; he passes the day in scratching himself, and so forgets to brood over the misery of being a dog. Ask the Russian soldier why he is always singing and he will give you much the same reason. He passes the day in singing and so forgets to brood over the misery of being a soldier.—Nineteenth Century.

Unintentional Pulpit Joke.

"The most apropos happening I remember to have come in fifty-seven years," said Bishop ster of Connecticut the othe which nop Brew other of Connecticut the other day, a little detail in a church serv-It sounds too good to be true ter of was a but I heard it.

"It was in the July of 1902, when chanced to be in England. King E ward's coronation had been restponwang Ed weather the property of the services of rejoicing over his recovery. I attended one of these, and it is a fact that the clergyman in charge, announcing the hymn from the chancel, said to us Let us sing 'Peace, Perfect Peace, is the appendix." As the congregation few notices the property of the pestponed services of that the

"As the congregation was few noticed the joke but m York Times. English,